



Equipping Youth

To Make Healthy Choices

A Primary Prevention Program for Youth

1,133 Students Served in Sumter and Hernando Counties

Post Survey Results

- **65%** say they can “resist or say no to peer pressure.”
- **71%** “plan to have a steady job before having a baby.”
- **35% positive shift** on “I understand that social media can be harmful.”

Pre/Post Knowledge of Healthy Choices

- **95%** improved on knowledge-based pre/post tests by an average of **35%**.

Student Comments

- *“It made me realize everything that could happen with bullying, human trafficking and harmful parts about Social Media.”* Male, 13 years old
- *“It has taught me much about my life and how not to ruin it by doing stupid things.”* Male, 15 years old
- *“This program helped me see...red flags in relationships because mine was toxic.* Female, 15 ears old
- *“I realized my self-worth.”* Female, 15 years old

Teacher Comments

- *“Love the program. Love their excitement. Love their message.PERFECT!”*
- *“... definitely caught students attention. Something they will remember forever.”*



Encouraging Communities

To Be Family Friendly

Prevent—Educate—Advocate



Sumter **CAP**
Community Action Partnership

Community Events

- **13,541 adults reached** with facebook and community event booths
- **1,384 students served**
- **1,280 adults served**
- **3,233 Free drug disposal kits** provided to prevent drug abuse.
- **286 students** participated in Friday Nights Done Right
- **723 students attended** “Know the Law” Presentation
- **100 Parents** pledged to make their home alcohol/drug free for teens
- **49 Adults** attended the *Hidden in Plain Sight* presentation
- **84 Adults** attended the Safe Use, Safe Storage, Safe Disposal, a drug abuse prevention presentation



Empowering Parents

To Build Strong Families

Parent Comments

“Understanding the Teenage Brain”

- *“Wonderful presentation, clear and easy to understand.”*

“Hidden in Plain Sight”

- *“Valuable information for all parents of teens. I had no idea a sweatshirt could be used or disguised as a vaping device.”*

RETURN ON INVESTMENT (ROI)

due to the impact on risk-behaviors of high schoolers after the EQUIPPING YOUTH program.

Social Capital Valuations, LLC

An analysis by Social Capital Valuations, LLC of the projected cost-benefits associated with SRAE classes provided by E3 Family Solutions to **1133 students**, grades 8 to 12, during academic school year (ASY) **2020-21** yields an estimated lifetime return of **\$38.98 FOR EVERY \$1 EXPENDED.**

Because these SRAE classes address the issue of high-risk behavior in general, they also impact cost benefits related to reductions in other high-risk behaviors through the application of SRA skills.

\$3,981,903 due to improved **high school graduation** rates among teens demonstrating SRA behaviors

\$87,815 from reduced incidences of **STIs**

\$274,616 in medical costs associated with **pregnancy**

\$485,729 from law enforcement and medical costs due to **underage drinking**

\$4,199,780 from public assistance costs associated with fewer **teen mothers**

\$471,000 from **violence avoided** (attempted suicide and intimate partner violence)

TOTAL LIFETIME SAVINGS FROM ALL ABOVE EFFECTS _____ **\$9,500,842**